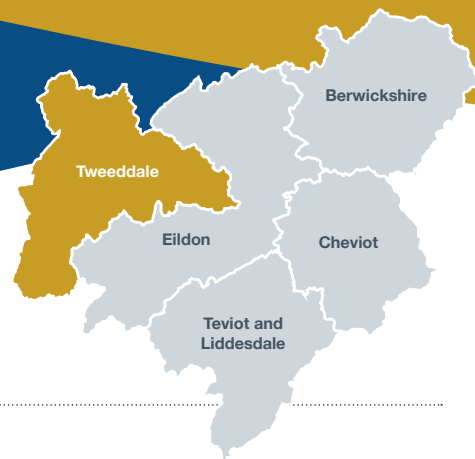


SUMMARY ACTION PLAN for consultation

TWEEDDALE



ACTION PLAN

Devised in line with strategic plan together with national outcomes and local objectives.

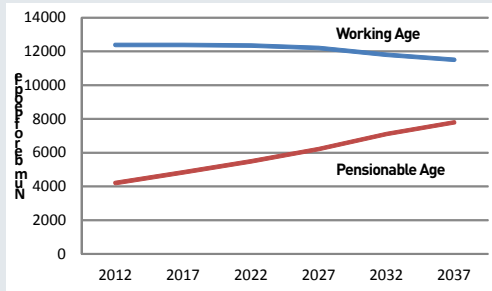
PRIORITIES FOR TWEEDDALE	ACTION PLAN
Increase the range of care and support options across the locality to enable people to remain in their own homes and communities	<ul style="list-style-type: none"> • Establish “What Matters “ hubs across Tweeddale • Redesign equipment service and satellite stores • Support care providers to develop services designed for the Tweeddale locality • Support the ongoing development of community capacity building initiatives • Link with Transforming Care after Treatment (TCAT) joint project team
Improve the availability and accessibility of services for people living in rural areas and towns across Tweeddale	<ul style="list-style-type: none"> • Develop one integrated team between Health, Social Care and Third sector • Work with the transport hub to improve access to transport across Tweeddale • Establish “What Matters” hubs across Tweeddale
Increase the availability of locally based rehabilitation services	<ul style="list-style-type: none"> • Scope out current gaps in service provision across Tweeddale and look to address these • Increase access to Allied Health Professionals from the community • Link with the Third sector around their model of rehabilitation • Link with Day services review • Support Live Borders to design programmes with rehabilitation incorporated within them across Tweeddale • Develop Day hospital and Day services options to meet rehabilitation needs • Investigate options to provide domiciliary multidisciplinary outreach services
Increase the range of housing options available across the locality	<ul style="list-style-type: none"> • Work with Registered social landlords to develop alternative accommodation across all areas of the locality • Ongoing development and support of extra care housing at Dovecot Court, Peebles

This is a summary plan for Tweeddale.

To view the full Health and Social Care plan for Tweeddale please visit [here](#)

THE TWEEDDALE AREA - AREA PROFILE

PROJECTED POPULATION 2012-2037 FOR TWEEDDALE



85.1%
increase in
pensionable age

28.1%
decrease in
working age

POPULATION

20,175 population*
(31% of the Scottish Borders)

18.8% aged 0-15
(Scottish Borders = 16.7%)

61.6% aged 16-64
(Scottish Borders = 60.2%)

19.6% aged 65+
(Scottish Borders = 23.1%)

*(est 2014)



AREA

28.4% live in an area of
less than 500 people
(Scottish Borders = 27.4%)

47% live in rural areas
15% Remote rural
32% Accessible rural

Settlements with more than 500 people:

TOWN	POPULATION
Peebles	8,583
Innerleithen	3,064
West Linton	1,561
Cardrona	919
Walkerburn	711

HEALTH OF THE LOCALITY

LIFE EXPECTANCY RANGE

77.6 to 81.2 yrs men
(Scottish Borders = 78.1)

80.9 to 84.5 yrs women
(Scottish Borders = 82)

Higher rate of **of coronary heart disease**
(Compared to Scottish Borders and Scotland)

Lower rate of **early deaths of coronary heart disease or cancer**

Rate of **alcohol related hospitalisations**
(518.4 per 100,000) has risen in last 12 years, increasing from lowest to 3rd highest in the Scottish Borders (566.0)

A&E ATTENDANCE

54.0% non-emergencies could be cared for within **Locality**
(last year 51.1%)

46.0% emergencies require hospital care
(last year 48.9%)

Lower rate of **emergency hospitalisations**
(compared to Scottish Borders)

Lowest rate **3.96** of **Over 75 Falls** per 1,000
(Scottish Borders = 5.62)

LONG TERM CONDITIONS

898 on **Diabetes Register**
5.5% of GP Register over 15 yrs

148 on **Dementia Register**
3.54% of GP Register over 65 yrs

5410 per 100,000 **Multiple emergency hospitalisations Patients 65+**
(Tweeddale has a higher rate)
(Scottish Borders = 5122.5
Scotland = 5159.5)



NEIGHBOURHOOD AND COMMUNITY INFLUENCES ON HEALTH

13.8% report **Accessibility to public transport** as an issue
(Scottish Borders = 16.6%)

3.5% feel **lonely or isolated**
(Scottish Borders = 6.1%)

12 **culture and sport facilities** operated by the public sector
(Scottish Borders = 69)

Tweeddale is the **least deprived locality** with none of its population living in the **most deprived deciles** and over 75% living in least deprived.



Lower percentage of **pension credit claimants** (4.9%) than **Scottish Borders** (5.8%) and **Scotland** (7.7%)

Among lowest **suicide rates** **12.9 per 100,000**
(Scottish Borders=15.7; Scotland =14.7)

SAFETY

Lowest rate **0.42** of fires in homes per 1,000
(Scottish Borders = 0.74)

11.5% say there are areas where they feel unsafe
(Scottish Borders = 12.5%)

Highest number of residents involved in **voluntary work**
(Tweeddale 33.6%;
Scottish Borders 27.4%)

PROPOSED HOUSING DEVELOPMENTS

AFFORDABLE HOUSING	EXTRA CARE HOUSING
2017-2018	4 units
2018-2019	42 units
2019-2020	40 units

